

CHATHAM BARS INN SPRING TENNIS CAMP




Wednesday May 22 - Friday May 24, 2024

Join Director of Tennis Rob Parker, Manager of Recreation Jennifer Lesnick and visiting tennis pro Joe Defoor, a former professional tennis player, as they lead an adult spring tennis camp. The tennis camp is \$600 per person.

Camp Highlights

- Ten hours of court instruction and additional complimentary court time.
- Complimentary access to bikes during the camp to use during free time.
- Complimentary Cocktail Party.
- Enjoy a 10% discount at the Spa and a 10% discount at the Sacred Cod Tavern while attending the camp.

	Wednesday	Thursday	Friday
8am - 9am		Optional Bike Tour	Session V: Cardio Tennis & Fitness
10am - 12pm	Session I: Ground Strokes, Technique and Tactics	Session III: Serves & Return of Serve, Structural Analysis	Session VI: Putting it all together - Match Play!
2pm - 4pm	Session II: Volleys, Overheads, & Net Positioning	Session IV: Doubles Drills & Situational Drills	
6:30pm - 8:00pm		Cocktail Party	

Reserve with concierge at 508.945.6871